

## ABSTRACT

A motor vehicle seat includes a pivotally mounted backrest such that the inclination of the backrest can be adjusted. The backrest has a front face that supports the back of a seat occupant. The seat has a spring assembly including at least one elastic element, which elastically pretensions the backrest to bias the backrest pivotally forwards such that the front face of the backrest can come to rest against the back of the seat occupant. The inclination of the backrest is adjustable by the exertion of force on its front face in opposition to the a force of the spring assembly. The spring assembly exerts a force on a gear element that is coupled to the backrest. A locking device is allocated to the gear element, permitting the backrest to be locked in different positions.